

Rebar — Impalement & Protective Caps

the hazard standing straight up

Job / site _____ Date _____ Led by _____

WHY THIS MATTERS

A fall onto exposed vertical rebar is an impalement. OSHA (1926.701(b)) requires guarding any protruding steel workers could fall onto.

The trap: plastic mushroom caps stop scratches at grade — they do NOT stop impalement from a fall. That takes impalement-rated caps or troughs.

THE TALK · CHECK EACH POINT AS YOU COVER IT

- ☐ **Impalement-rated protection** (steel-reinforced caps or wood troughs) on verticals below any work at height
- ☐ **Mushroom caps are laceration protection only** — fine at grade, never under a fall exposure
- ☐ **Walk the mats, don't hop them** — no stepping or jumping across open curtains of steel
- ☐ **Keep paths clear of stub-ups**; flag the ones that stay
- ☐ **Inspect caps every morning** — and restock after every trade that passes through
- ☐ **Bend or relocate steel only where the design allows** — ask before you solve it with a cheater

ASK THE CREW — AND WAIT FOR REAL ANSWERS

Where are today's stub-ups — and which have people working above them?

Who owns the cap bucket, and is it stocked?

CREW SIGN-IN · ATTENDANCE IS THE RECORD

- | | |
|----------|-----------|
| 1. _____ | 2. _____ |
| 3. _____ | 4. _____ |
| 5. _____ | 6. _____ |
| 7. _____ | 8. _____ |
| 9. _____ | 10. _____ |

Foreman signature _____